

April 2018 Menu

Cobequid Schools Catering Society

Tatamagouche Elementary School

Monday Arrowroot & fruit	Tuesday Goldfish & veggies	Wednesday Veggies	Thursday Fruit & yogurt	Friday Cookie & veggies
Apr 2 Easter Monday No Classes	Apr 3 Beef taco wrap Cheese, beef, salsa, with rice OR Garlic Pizza	Apr 4 Mashed potatoes Chicken bites & corn OR Grilled cheese and tators	Apr 5 Hamburger or Cheeseburger OR Pancakes & Sausage	Apr 6 Ham & cheese Panini on multigrain flatbread OR 2 Cheese Pizza
Apr 9 Waffles with berry sauce & cream OR Spaghetti & Garlic Bread	Apr 10 Beef Taco Salad lettuce, cheese, tomatoes Or Garlic Pizza	Apr 11 Crispy chicken wrap on wheat tortilla OR Grilled cheese & tators	Apr 12 Chicken burrito bowl, chicken rice Veggies OR Pancakes & Sausage	Apr 13 Ham & cheese Sub sandwich OR 2 Cheese Pizza
Apr 16 French Toast with berry sauce OR Spaghetti & Garlic Bread	Apr 17 Chili loaded nachos, cheese, salsa, sour cream OR Garlic Pizza	Apr 18 Chicken drumstick, potatoes & corn OR Grilled Cheese & Tators	Apr 19 Hamburger or cheeseburger OR 2 cheese pizza	Apr 20 Staff PD Day No classes
Apr 23 Waffles with berry sauce & cream OR Spaghetti & Garlic Bread	Apr 24 Chicken Caesar salad, Garlic bread OR Garlic Pizza	Apr 25 Pineapple chicken Veggies & rice OR Grilled Cheese & tators	Apr 26 Home made Macaroni & cheese Garlic bread OR Pancakes & Sausage	Apr 27 Ham & cheese Panini on multigrain flatbread OR 2 Cheese Pizza

Recess items (as available)

Frozen yogurt tubes-----0.75

Goldfish crackers-----0.50

Welch fruit snacks-----1.00

Baked chip snacks-----1.00

Fresh fruit (apple, orange, banana)--0.50

Frozen Yogurt-----1.00

Frozen fruit sorbets-----1.00

Small cookie-----0.50

Muffin-----0.50

Fruit Cup (as ordered)-----1.00

Veggie Plate (as ordered)-----1.00

Hard boiled egg (as ordered) -----0.50

Daily special (without drink/dessert) \$3.60, Daily special with small white milk or juice cup \$4.00

Daily special with 250 ml chocolate milk \$4.75

Beverages

2% white milk (250 ml) \$.40

250ml chocolate milk \$1.35

Small juice cup \$.60

500 ml bottled water \$1.00

Juice box (Apple) 200 ml \$.75

If you would like any RECESS items at Lunch
Please write on LUNCH ticket. Thank you

If you have not received a paper credit, please pay full amount. Credits issued at end of month. Please make cheques payable Cobequid Schools Catering Society. PLEASE NOTE THE FOLLOWING: Please enter your child's name and grade on each ticket.