

March 2018 Menu

Cobequid Schools Catering Society

Tatamagouche Elementary School

Monday Cookie & Fruit	Tuesday Goldfish & Veggies	Wednesday Veggies	Thursday Fruit & Yogurt	Friday Cookie & Veggies
Feb 26 Breakfast sandwich on a bagel with egg, ham & cheese OR Spaghetti & Bread Stick	Feb 27 Beef taco wrap Cheese, beef, salsa, with rice OR Garlic Pizza	Feb 28 Mashed potatoes Chicken bites & corn OR Grilled cheese and tators	Mar 1 Home made Macaroni & cheese Garlic bread OR Pancakes & Sausage	Mar 2 Ham & cheese Panini on multigrain flatbread OR 2 Cheese Pizza
Mar 5 Cinnamon French Toast OR Spaghetti & Bread stick	Mar 6 Beef Taco Salad lettuce, cheese, tomatoes Or Garlic Pizza	Mar 7 Crispy chicken wrap on wheat tortilla OR Grilled cheese & tators	Mar 8 Home made chicken noodle soup & biscuit OR Pancakes & Sausage	Mar 9 Ham & cheese Sub sandwich OR 2 Cheese Pizza
Mar 19 Waffles with berry sauce & cream OR Spaghetti & Bread stick	Mar 20 Chili loaded nachos, cheese, salsa, sour cream OR Garlic Pizza	Mar 21 Chicken drumstick, potatoes & corn OR Grilled Cheese & Tators	Mar 22 Hamburger or cheeseburger OR 2 cheese pizza	Mar 23 Assessment and Evaluation Day No classes
Mar 26 Breakfast wrap on wheat tortilla, eggs, ham & cheese OR Spaghetti & Bread stick	Mar 27 Big Mac Salad Beef, lettuce, , cheese, Pickles OR Garlic Pizza	Mar 28 Pineapple chicken Veggies & rice OR Grilled Cheese & tators	Mar 29 Home made chicken noodle soup & biscuit OR 2 Cheese Pizza	Mar 30 Good Friday No classes

Recess items (as available)

Frozen yogurt tubes-----0.75

Goldfish crackers-----0.50

Welch fruit snacks-----1.00

Baked chip snacks-----1.00

Fresh fruit (apple, orange, banana)--0.50

Frozen Yogurt-----1.00

Frozen fruit sorbets-----1.00

Small cookie-----0.50

Muffin-----0.50

Fruit Cup (as ordered)-----1.00

Veggie Plate (as ordered)-----1.00

Hard boiled egg (as ordered) -----0.50

Daily special (without drink/dessert) \$3.60, Daily special with small white milk or juice cup \$4.00

Daily special with 250 ml chocolate milk \$4.75

Beverages

2% white milk (250 ml)	\$.40
250ml chocolate milk	\$1.35
Small juice cup	\$.60
500 ml bottled water	\$1.00
Juice box (Apple) 200 ml	\$.75

If you would like any RECESS items at Lunch
Please write on LUNCH ticket. Thank you

If you have not received a paper credit, please pay full amount. Credits issued at end of month. Please make cheques payable Cobequid Schools Catering Society. PLEASE NOTE THE FOLLOWING: Please enter your child's name and grade on each ticket.

Monday Cookie & Fruit	Tuesday Goldfish & Veggies	Wednesday Veggies	Thursday Fruit & yogurt	Friday Cookie & Veggies
Feb 26 Name _____ Class _____ Breakfast sandwich or Spaghetti & bread white milk choc milk A juice O juice Other _____ Price _____	Feb 27 Name _____ Class _____ Beef taco wrap or Garlic pizza white milk choc milk A juice O juice Other _____ Price _____	Feb 28 Name _____ Class _____ Chicken bites or Grilled cheese white milk choc milk A juice O juice Other _____ Price _____	Mar 1 Name _____ Class _____ Macaroni & cheese or Pancakes & sausage white milk choc milk A juice O juice Other _____ Price _____	Mar2 Name _____ Class _____ Ham & cheese Panini or 2 cheese pizza white milk choc milk A juice O juice Other _____ Price _____
Mar 5 Name _____ Class _____ French toast or Spaghetti & bread white milk choc milk A juice O juice Other _____ Price _____	Mar 6 Name _____ Class _____ Beef taco salad or Garlic bread white milk choc milk A juice O juice Other _____ Price _____	Mar 7 Name _____ Class _____ Crispy chicken wrap or Grilled cheese white milk choc milk A juice O juice Other _____ Price _____	Mar 8 Name _____ Class _____ Chicken noodle soup or Pancakes & sausage white milk choc milk A juice O juice Other _____ Price _____	Mar 9 Name _____ Class _____ Breakfast sandwich or 2 cheese pizza white milk choc milk A juice O juice Other _____ Price _____
Mar 19 Name _____ Class _____ Waffles & sauce or Spaghetti & bread white milk choc milk A juice O juice Other _____ -- _____	Mar 20 Name _____ Class _____ Chili loaded nachos or Garlic pizza white milk choc milk A juice O juice Other _____ Price _____	Mar 21 Name _____ Class _____ Chicken dinner or Grilled cheese white milk choc milk A juice O juice Other _____ Price _____	Mar 22 Name _____ Class _____ Hamburger, cheeseburger or 2 cheese pizza white milk choc milk A juice O juice Other _____ Price _____	Mar 23 No classes
Mar 26 Name _____ Class _____ Breakfast wrap or Spaghetti & bread white milk choc milk A juice O juice Other _____ Price _____	Mar 27 Name _____ Class _____ Big Mac Salad or Garlic pizza white milk choc milk A juice O juice Other _____ Price _____	Mar 28 Name _____ Class _____ Pineapple chicken or Grilled cheese white milk choc milk A juice O juice Price _____	Mar 29 Name _____ Class _____ Chicken noodle soup or 2 cheese Pizza white milk choc milk A juice O juice Other _____ Price _____	Mar 30 No classes

Please circle choice and make sure the student's name and class are entered correctly. Thank you

Daily special (without drink/dessert) \$3.60. Daily special with small white milk or juice cup \$4.00.

Daily special with 250 ml chocolate milk \$4.75